

OFFICIAL VISITOR'S GUIDE



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travels**

by

WORLD
TRAVEL &
TOURISM
COUNCIL

**MAPS
HIKING
DINING
THINGS TO DO
PLACES TO STAY**

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**FEEL AT HOME...
IN THE HEART
OF CANMORE**

Just a 10 minute walk to Main Street

Welcome to Canmore and Kananaskis

Magnificent scenery. World-class mountain sports. Vibrant arts and culture. And dining you wouldn't expect to find in a small town. You'll fall in love with the heart and soul of this one-of-a-kind mountain lifestyle.

Start exploring.

A stylized illustration of a mountain range with multiple layers of peaks in varying shades of teal and light green, creating a sense of depth. The foreground features a dark teal silhouette of a forest line.

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Let's Connect

We love to know what you are up to while visiting Canmore and Kananaskis. Please share your photos with us!

 @canmorekananaskis

 @canmorekananaskis

 @tourismcanmore

1 (855) 678-1295

localexpert@explorecanmore.ca

explorecanmore.ca



Getting Here

You'll find us happily located on the eastern slopes of the Canadian Rockies! Canmore is located 105 kilometres (65 miles) west of Calgary, Alberta. Kananaskis is located 80 kilometres (50 miles) west of Calgary, Alberta.

The drive from Calgary International Airport takes slightly over an hour. You'll be here before you know it.

Driving Times to Canmore

Calgary	🕒 60 minutes
Kananaskis	🕒 40 minutes
Banff	🕒 20 minutes
Lake Louise	🕒 60 minutes
Jasper	🕒 4 hours
Edmonton	🕒 3.75 hours

Getting Around

One of the best things about being in a small mountain town is that it's so easy to leave your car behind and get around on foot, by bus, or of course bike.

Did you know that Canmore has over 80 kms of pathways to explore? Peter Lougheed Park in Kananaskis has a 12 km paved trail that passes through numerous campgrounds.

Explore on foot or bike

Canmore and Kananaskis offer an extensive network of multi-use trails extending throughout the town of Canmore and beyond to surrounding recreation areas and municipalities.

Take FREE Public Transit in Canmore

Canmore's local public transit service is your ticket to easy exploration, and it's FREE.

Hop on **Route 5** from almost any hotel in Canmore and ride throughout the town on one of Roam Transit's environmentally friendly hybrid buses at no cost. Jump aboard and enjoy the views!

Visit, roamtransit.com for transit schedules.

Visitor Information

Travel Alberta Information Centre

2801 Bow Valley Trail, Canmore
1 (855) 678-1295 ext. 0

Kananaskis Information Centre

Highway 40, Kananaskis
(403) 678-0760

Peter Lougheed Discovery Centre

Kananaskis Lakes Trail, Kananaskis
(403) 678-0760

Necessities & Amenities

Public Washrooms

- Roam Bus Stop, 907 7 Ave., Canmore
- Civic Centre, 902 7 Ave., Canmore
- Travel Alberta Visitor's Centre, 2801 Bow Valley Trail, Canmore
- Kananaskis Visitor Information Centre, Highway 40, Kananaskis
- Peter Lougheed Park Discovery Centre, Kananaskis Lakes Trail, Kananaskis

Off Leash Dog Parks

- Cougar Creek/Highway 1A Dog Park
- Elk Run Dog Park

Coworking Space

e=mc2

1080 Railway Ave., Canmore
emc2services.ca

Who to Contact

Emergency

Fire/Police/Ambulance: 911

Kananaskis Emergency Services

(403) 591-7767

Road Conditions

Call #511

511.alberta.ca

Kananaskis Parks Info

A Kananaskis Conservation Pass needs to be purchased when recreating in Kananaskis Country. Passes can be purchased at **albertaparks.ca** or in Kananaskis visitor centres.

Day Pass: \$15.00 | **Annual Pass:** \$90.00

Avalanche Reports

avalanche.ca

Kananaskis Trail Reports

(403) 678-0760

Wildlife Closures

wildsmart.ca

Report Wildlife Sightings

(403) 591-7755

Report a Wildfire

310-FIRE (3473)



ROCKY MOUNTAIN MUST-DOS

Are you sure you booked enough time off work? Whether you're climbing the mountains or just looking up at them, we've got as many things to do as your legs can handle.

- ✓ ☐ PICK UP THIS GUIDE AND START YOUR CANMORE KANANASKIS ADVENTURE!

SUMMER ADVENTURES

- ☐ SPOT A MOOSE ON THE SMITH DORRIEN HIGHWAY
- ☐ GOLF AT ONE OF THE FIVE COURSES IN THE REGION
- ☐ ENJOY A SCENIC HORSEBACK RIDE
- ☐ LEARN HOW TO ROCK CLIMB WITH ONE OF CANMORE'S WORLD-CLASS GUIDES
- ☐ TREAT YOURSELF TO AN EPIC HELICOPTER RIDE
- ☐ COOL OFF IN OUR GLACIER-FED WATERS FLOATING, CANOEING, RAFTING OR SUPING

ARTS & CULTURE

- ☐ DISCOVER THE CANMORE MUSEUM
- ☐ CHECK OUT WHAT'S HAPPENING AT ARTSPLACE IN DOWNTOWN CANMORE
- ☐ FIND AND VISIT ALL ELEVEN GALLERIES IN DOWNTOWN CANMORE
- ☐ VISIT A LOCAL ARTISTS' STUDIO FOR AN INSPIRING TOUR

FAMILY FUN

- ☐ TAKE A STROLL ALONG THE POLICEMAN'S CREEK BOARDWALK IN DOWNTOWN CANMORE
- ☐ BIKE THE LEGACY TRAIL BETWEEN CANMORE AND BANFF
- ☐ TRY AN OUTDOOR ESCAPE ROOM WITH MYSTERY TOWN TOURS
- ☐ DRESS UP AS A COAL MINER AT THE CANMORE MUSEUM
- ☐ BOOK A PONY OR WAGON RIDE
- ☐ HIRE A GUIDE AND CATCH A FISH IN THE BOW RIVER

WINTER ADVENTURES

- ☐ RENT A FAT BIKE OR SKIS AND EXPLORE THE TRAILS
- ☐ CLIMB A FROZEN WATERFALL WITH ONE OF CANMORE'S OUTSTANDING GUIDES
- ☐ BOOK AN ICE WALK AND WATCH ICE CLIMBERS FROM BELOW
- ☐ RENT SKATES AND GLIDE ACROSS THE NATURAL ICE ON THE DOWNTOWN CANMORE POND OR MANY LOCAL LAKES
- ☐ BE A LOCAL AND CHEER ON THE HOME TEAM AT A CANMORE EAGLES HOCKEY GAME

RAINY DAYS

- ☐ CHECK OUT ELEVATION PLACE FOR A WORKOUT, SWIM, CLIMBING WALL OR ART GALLERY AND LIBRARY!
- ☐ TASTE LOCALLY MADE CRAFT BEERS AND SPIRITS AT MULTIPLE BREWERIES AND DISTILLERIES
- ☐ GO WHITEWATER RAFTING (YOU'LL GET WET ANYWAY!)
- ☐ WALK THE DOWNTOWN AREA TO EXPLORE THE MANY BOUTIQUES, ARTISANS AND GALLERIES



Explore Canmore's Vibrant Downtown

Experience a downtown unlike any other. Peruse the local shops featuring eclectic wares, experience a world-renowned dining scene sure to tickle your taste buds, sip on local suds, and explore all of the amazing experiences that Downtown Canmore has to offer, all while taking in the incredible 360° views of the towering Rocky Mountains.

Indulge in a little bit of R&R — feel your stress melt away at a day spa, enjoy our world-renowned restaurant scene, and end your day in one of our hotel accommodations. It's an experience you can't get anywhere else. Experience the Canadian Rockies and **#lovedowntowncanmore**.



@avensgallery



@kooole.girl

Walkable Main Street

Main Street will be a pedestrian and cyclist-only space from **May 15 until October 15**. Free parking is available in the gravel lot behind Elevation Place. From there it is just a short stroll. On the way, don't forget to take pictures of the Big Head, Policeman's Creek and the original Northwest Mounted Police Barracks.



Park & Walk to Downtown Canmore

- Free parking at Elevation Place, 700 Railway Ave., Canmore
- For more parking information visit, canmore.ca/parking



Unforgettable. Guaranteed.

A vibrant town nestled amidst the dramatic rocky peaks of Kananaskis Country and brilliant turquoise glacier-fed rivers. Canmore and Kananaskis offer an incredible variety of things to do for a surprisingly diverse range of visitors. Let's go!

Year-Round Experiences

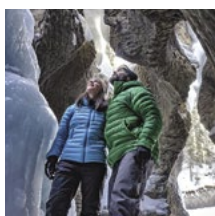


Active by Nature leads hikes and Nordic walking tours in the heart of the Canadian Rockies. Walks are conducted on the town's recreational trail system, featuring spectacular scenery and opportunities for out-in-the-open wildlife viewing.

Active by Nature

(403) 688-1817

activebynaturecanmore.ca



Whisked away from your accommodations in a luxury SUV, your unforgettable Canadian Rockies Experience begins. Private sightseeing, guided hiking, snowshoeing and ice walk tours are delivered with a hint of luxury by guides who call the mountains home.

Canadian Rockies Experience

(403) 708-2164

canadianrockiesexperience.com



Get the app. Solve the clues. Unlock the adventure! Just like a giant outdoor escape room, we take you on a clue-solving scavenger hunt and race against the clock. It's more than just a tour – it's a brain-teasing voyage of discovery. All you need is a phone and your friends!

Mystery Towns

1 (833) 609-0989
mysterytowns.com



Enjoy the best in casino gaming just 15 minutes east of Canmore at Alberta's most unique casino located in the Rocky Mountains. From more than 250 of your favourite slot machines to a range of the most popular table games and off-track, the Stoney Nakoda Resort & Casino has a game for you!

Stoney Nakoda Casino

888 Nakoda Way, Kananaskis
(403) 881-2830
stoneynakodaresort.com/casino



Explore Canmore with an audio walking tour! Your phone becomes your tour guide as you walk a portion of the Bow Valley Trail & Policeman's Creek Boardwalk before heading downtown to learn about the Canmore Hotel, Miners Hall, Big Head Sculpture & more!

Tripvia Tours

1 (866) 874-7842
tripvia.tours/canmore-audio-walking-tour

Alberta Food Tours

1 (888) 211-2206
albertafoodtours.ca

Alpine Helicopters

91 Bow Valley Tr., Canmore
(403) 678-4802
alpinehelicopters.com

Barks Canada Tours

barkscanada.ca

Boundary Ranch

2 Guinn's Road, Highway 40, Kananaskis
1 (877) 591-7177
boundaryranch.com

Buffalo Stone Woman

(403) 801-9024
buffalostonewoman.ca

Canmore Cave Tours

129 Bow Meadows Crescent, Canmore
(403) 678-8819
canmorecavetours.com

Canmore Climbing Gym

1404 Railway Avenue, Canmore
(403) 675-2406
canmoreclimbinggym.ca

Flow Mountain Bike Adventures

(587) 433-5189
flowbikeadventures.com

Get Outside

(403) 478-1331
getoutsideadventures.ca

Kananaskis Outfitters

1 Mt. Sparrowhawk Cres., Kananaskis
(403) 591-7000
kananaskisoutfitters.com

Paramount Guides

743 Railway Ave #104, Canmore
(403) 875-4964
paramount-guides.com

Trail Sports

2003 Olympic Way, Canmore
(403) 678-6764
trailsports.com

TryBiathlon

1988 Olympic Way, Biathlon Stadium, Canmore
(403) 679-8788
canmorebiathlon.ca/trybiathlon-2

Yamnuska Mountain Adventures

200, 50 Lincoln Park, Canmore

(403) 678-4164

yamnuska.com

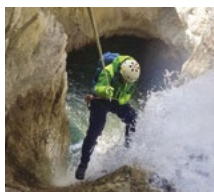
Yamnuska Wolfdog Sanctuary

263156 Range Rd 53, Rocky View County

(587) 890-WOLF (9653)

yamnuskawolfdogsanctuary.com

Summer Experiences



Bow Valley Canyon Tours

1 (877) 554-0116

bowvalleycanyoning.ca

Our passion at Bow Valley Canyon Tours is providing unparalleled outdoor experiences. We have handpicked some of the best canyoning experiences you'll find in western Canada. Perfect for families and beginners, our exciting summer canyoning trips include waterfalls, rappels, slides, and jumps. We also run winter ice-canyoning trips.



Join Mahikan Trails guides on a once-in-a-lifetime cultural experience. Walk with us as we teach you about Medicines that can be found locally in the boreal forests around Canmore. We are a Cree Iroquois family-owned business sharing our knowledge!

Mahikan Trails

(403) 679-8379

mahikan.ca

Banff Canmore Ghost Walks

(403) 760-5007

banffcanmoreghostwalks.ca

Cowley's Rafter Six Ranch

Exit #114, Ranch Road East, Kananaskis

(403) 673-3622

raftersix.com

High Camp Banff Tours

(289) 969-3179

highcampbanff.com



Canmore Mountain Market

May 26 - October 6, 2022 (Thursdays)

Location: Elevation Place parking lot

Wellness

Back At It Sports & Wellness

108A, 1205 Bow Valley Trail, Canmore

(403) 688-1561

backatitwellness.com

Float Canmore

103, 1002 8th Ave., Canmore

(403) 678-1207

floatcanmore.com

Mobile Massage Canmore

(587) 419-0803

mobilemassageyeg.com

Rocky Mountain Rehab & Sports Medicine Clinic

12, 801 8 St., Canmore

(403) 678-6205

rockymountainrehab.ca

WildHeart Canmore

102, 804 6 Ave., Canmore

(403) 675-0722

wildheartcanmore.com

On the Water



Big mountain views, cool glacial waters, forests, valleys and unique wildlife; all from the perspective of the river. Great for all ages and perfect for first-time rafters, Canmore Raft Tours offers two family-friendly river float options leaving right from downtown Canmore.

Canmore Raft Tours

829 8 St., Canmore

1 (888) 748-3770

canmorerafttours.com



Canmore Inflatable Canoe Tours offers two unique river tours in their 16' stable and user-friendly inflatable canoes. All the equipment, safety brief, and paddling instruction are included before heading down river with a qualified and experienced guide.

Canmore Canoe

(403) 678-2628

canmorecanoe.com

Bow Valley Stand Up Paddleboarding and Surf

511 Bow Valley Trail at The Coast Hotel, Canmore

(403) 707-7202

bowvalleysup.ca

Canadian Rockies Rafting

909A Railway Ave, Canmore

(403) 678-6535

rafting.ca

Canmore Fishing Adventures

(403) 678-0111

canmorefishingadventures.com

Chinook Rafting

215 Banff Ave., Banff

1 (866) 330-7238

chinookrafting.com

Wapiti Sports & Outfitters

1506 Railway Ave., Canmore

(403) 678-5550

wapitisports.com

Golf



With views of some of the most spectacular scenery on earth, Silvertip Resort may be the single most breathtaking mountain golf course in the world. Bordering two wildlife corridors, guests are regularly rewarded with the viewing of a wide variety of Canadian Rocky Mountain wildlife.

Silvertip Resort

2000 Silvertip Trail, Canmore

1 (877) 877-5444

silvertipresort.com

Brewster's Kananaskis Ranch Golf Course

Ranch Road, Highway 1X, Seebe
(403) 673-2700
brewstersgolf.com

Canmore Golf & Curling Club

2000 8 Ave., Canmore
(403) 678-5959
canmoregolf.net

CanGOLF

125B-306 Bow Valley Trail, Canmore
(403) 679-2626
cangolf.ca

Kananaskis Country Golf Course

1 Lorette Drive, Kananaskis
(403) 591-7070
kananaskisgolf.com

Stewart Creek Golf Course

4100 Stewart Creek Drive, Canmore
(403) 609-6099
stewartcreekgolf.com

Year-Round Rentals

Kananaskis Outfitters

1 Mt. Sparrowhawk Cres., Kananaskis
(403) 591-7000
kananaskisoutfitters.com

Pedego Electric Bikes

109, 712 Bow Valley Trail, Canmore
(403) 675-3900
pedegoelectricbikes.ca

Rebound Cycle

902 8 St., Canmore
(403) 678-3668
reboundcycle.com

Sports Experts Canmore

100, 1080 Railway Ave., Canmore
(403) 609-3030
canmoreskirentals.com

Trail Sports

2003 Olympic Way, Canmore
(403) 678-6764
trailsports.com

What's winter without a little wonder?

As fresh snow blankets the mountain tops, a season of endless outdoor adventures and cozy evenings has arrived in Canmore and Kananaskis. Look forward to waking up each day with wide-eyed wonder. Canmore and Kananaskis really come to life once the snow starts to fall.

-  Canmore and Kananaskis have hundreds of kilometres of cross-country ski trails suitable to all ski levels and techniques. Cross-country skiing will quickly become your new favourite winter activity.
-  Snowshoeing is a great way to get outside and explore our area in the winter. The Canmore Nordic Centre has a dedicated loop and there are many beautiful trails in Kananaskis Country suitable for snowshoeing.
-  Extra-large tires, hand warmers, and strange frames are some of the signatures of a fat bike – a relatively new cycling trend that has quickly become a must-try winter sport.
-  New to winter activities? Contact our partners listed in this guide to get the lay of the land.

Canmore Eagles Hockey

1900 8 Ave, Canmore
(403) 678-1855
canmoreeagles.ca

Howling Dog Tours

105, 712 Bow Valley Trail, Canmore
1 (877) DOG-SLED
howlingdogtours.com

Mad Dogs & Englishmen Sled Dog Expeditions

113, 302 Old Canmore Road, Canmore
1 (877) 662-3364
maddogsexpeditions.com

Nakiska Ski Resort

2 Mt. Allan Drive, Kananaskis
1 (800) 258-7669
skinakiska.com

Pledge to the Peaks

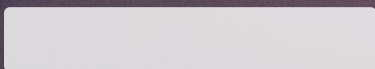
I acknowledge that I travel, explore, and play in the Treaty 7 Territory region of Southern Alberta. Treaty 7 encompasses the traditional lands of the Îyârhe Nakoda Nations of Chiniki, Wesley, and Bears paw, the Tsuut'ina First Nation, the Kainai, Siksika, and Piikani Nations of the Niitsitapi (Blackfoot) Confederacy, and Métis Nation of Alberta, Region III.

I promise to honour and celebrate the land, history, and habitants of this sacred space, for I am a guest in their home.

I will do this by:

- Respecting the local culture, exploring with an open mind and gentle heart.
- Sharing the space, showing care and consideration for others.
- Treading lightly, leaving no trace behind.
- Gathering memories rather than momentos, leaving rocks, plants, and artifacts in place.
- Watching wildlife from a distance, keeping myself—and the animals—safe.
- Preparing for my adventures, respecting the mountains and my abilities.
- Travelling mindfully, being kind to all people, wildlife, and plants.

I pledge to preserve and protect these peaks now and for future generations.



Signature

A person is standing on a rocky mountain peak, looking out over a vast landscape. The sky is a mix of orange, pink, and purple, suggesting a sunset or sunrise. The person is wearing a dark jacket and pants. The mountain has some sparse vegetation and a few trees. The overall mood is serene and majestic.

SHARE YOUR SIGNED PLEDGE WITH US!

Take a photo of your signed pledge and share it with us using **#pledgetothepeaks** for a chance to have your photo featured on **@canmorekananaskis**

CANMORE IS A SPECIAL PLACE, SURROUNDED BY THE PROTECTED LANDS OF KANANASKIS AND BANFF NATIONAL PARK.

WE INVITE YOU TO FOLLOW THE PLEDGE TO THE PEAKS TO CARE FOR THE LAND, ANIMALS AND PEOPLE OF CANMORE AND KANANASKIS FOR GENERATIONS TO COME.


[LEARN MORE](#)

Happy hours and even happier nights.

Our chefs are inspired by their mountain surroundings and the adventurous lifestyle. From mountain casual dining to nourishing meals fit for Olympians and everything in between.



Drake Public House

909 Railway Ave, Canmore
(403) 675-2206
drakepub.ca

Canmore's Premier Entertainment Provider. The Drake Pub is located at the entrance to Main Street. A local's favourite, the Pub is best known for quality casual fare, friendly service and good times.



Rocky Mountain Flatbread Co.

1, 838 10 St., Canmore
(403) 609-5508
rockymountainflatbread.ca

Canmore is the birth place of Rocky Mountain Flatbread an award winning family restaurant serving the best pizza, pasta, salad & desserts to "live for." Open for lunch & dinner 7 days a week. Features include: Traditional wood fired pizza oven, Open kitchen, Patio



Welcome to Stoney Nakoda Resort & Casino's premier dining room with a focus on fresh local ingredients with a Indigenous flare. From casual daily specials to fine dining, discover The Ridge for all your dining choices.

The Ridge at Stoney Nakoda Resort & Casino

888 Nakoda Way, Kananaskis

(403) 881-2830

stoneynakodaresort.com/dining/the-ridge



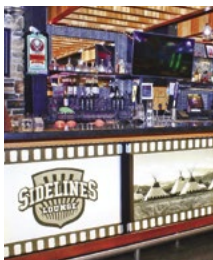
Experience the Sensory Restaurant and Lounge. The restaurant gives our guests a 180 degree view of the stunning mountain landscape. Enjoy elevated fine dining in a relaxed but fun environment. Experience Canadian cuisine highlighting fresh farm to fork ingredients. The cozy lounge offers a more comfort food menu, signature cocktails, craft beers, and an extensive wine list.

The Sensory Restaurant and Lounge

101, 300 Old Canmore Road, Canmore

(403) 812-0837

thesensory.ca



Sidelines is your spot for fun times in the Stoney Nakoda Casino. Hosting daily drink and food specials makes it Kananaskis' favourite sports bar. With 15 big screen TVs to catch the game or place your bets on off-track betting, Sideline's provides the excitement.

Sidelines Lounge at Stoney Nakoda Resort & Casino

888 Nakoda Way, Kananaskis

(403) 881-2830

stoneynakodaresort.com/dining/sidelines-lounge



Nestled within the Malcolm Hotel, you'll find the Stirling Lounge & Grill. The Grill features classic cuisine with a modern twist. The Lounge features a variety of dishes from the Scottish inspired to contemporary comfort food. Enjoy a casual dining experience with views of the Three Sisters mountains from the Creekside patio.

Stirling Lounge & Grill

321 Spring Creek Drive, Canmore
(403) 812-0690
malcolmhôtel.ca/dining

Indian Authentic Cuisine

F-1702 Bow Valley Trail, Canmore
(403) 678-3365
indianauthenticcuisine.ca

Rustica Steakhouse

2000 Silvertip Trail, Canmore
(403) 609-6701
silvertipresort.com/dining

Sandtraps at The Canmore Golf and Curling Club

2000 8 Ave., Canmore
(403) 678-5959
canmoregolf.net

Sauvage

633 10 St, Canmore
(403) 609-0583
sauvagerestaurant.ca

Smittys Chiniki Village & Chiniki Cultural Centre

TransCanada Hwy & Morley Road (exit 131), Morley
(403) 881-2056
smittys.ca

Stoney's Bar and Patio

2000 Silvertip Trail, Canmore
(403) 609-6702
silvertipresort.com/dining

Tavern 1883 Kitchen + Bar

709 9 St., Canmore
(403) 609-2000
tavern1883.com

The Grizzly Paw Pub

622 8 St., Canmore
(403) 678-9983
thegrizzlypaw.com

The Iron Goat Pub & Grill

703 Benchlands Trail, Canmore
(403) 609-0222
irongoat.ca

Cafés & Prepared Meals



Serving fresh, healthy, and affordable meals in a vibrant atmosphere. Our Pad Thai has a loyal following and the “Buddha Bowls” are a local favourite. For breakfast, lunch, and dinner choose dine in, patio, or take away with easy online ordering. Corner of 10 St. & 6 Avenue Downtown Canmore.

Communithea Café

1001 6 Ave., Canmore
(403) 688-2233
thecommunithea.com

Cornerstone Café

1988 Olympic Way, Canmore
(403) 679-4039
cateringwithcornerstone.com

Eclipse Coffee Roasters Café

102, 817 8 St., Canmore
(403) 675-2221
eclipsecoffee.roasters.com

Lovely Ice Cream

105 Bow Meadows Crescent #156, Canmore
(403) 493-2774
myhelcimstore.com

The Mad Dog Café & Market

113, 302 Old Canmore Road, Canmore
(403) 679-7728
themaddogcafe.ca

The Pulse Coffee Bar & General Store

325 Spring Creek Drive, Canmore
(403) 675-1115
pulsegeneralstore.com

Brewery & Distilleries



Experience a wide variety of Canmore and the Bow Valley's finest craft beer, distilleries, authentic foods and exclusive brewery access! Take in the amazing Rocky Mountain views as we transport you to and from our stops and listen to the stories that our guides share with you!

Canmore Brewery & Distillery Tours

829 8 St., Canmore

1 (888) 748-3770

canmorebrewerytours.com

BLAKE Brewhouse & Distillery

810 Bow Valley Trail, Canmore

(403) 675-3663

blakecanmore.com

Canmore Brewing Company

1460 Railway Ave., Canmore

(403) 678-BEER (2337)

canmorebrewing.com

The Grizzly Paw Brewery & Tank310

310 Old Canmore Road, Canmore

(403) 678-2487

thegrizzlypaw.com

Wild Life Distillery

160, 105 Bow Meadows Cr., Canmore

(403) 678-2800

wildlifedistillery.ca



Explore more, stress less



Plan your parking and transit for
a car free, carefree summer

5

Ride
Canmore Local
(Free Transit)

3

Take Canmore-
Banff Regional into
Banff and beyond

All buses are equipped with bike racks

Roam



 Roam Public Transit

 @roamtransit

 @roam_transit

roamtransit.com



LEARN MORE

“Where’d you get that?”

Our merchants have curated shopping experiences that are not found anywhere else.

Alberta’s Own Marketplace

105, 826 8 St., Canmore
(403) 675-0800
albertasownmarket.com

Ammonite Factory

1350 Railway Ave, Canmore
(403) 678-1786
ammonite-factory.com

Angry Bear Growlers

105, 304 Old Canmore Road, Canmore
(403) 675-9910
angrybeargrowlers.com

Gear Up Sports

1302 Bow Valley Trail, Canmore
(403) 678-1636
gearupsport.com

Le Chocolatier

121, 701 Benchlands Trail, Canmore
(403) 679-3351
lechocolatier.ca

Liberty Clothing

1, 626 8 St., Canmore
(587) 361-1130
libertyclothing.com

Mountain Mercantile

104, 737 8 St., Canmore
(403) 678-6116
mountainmercantile.ca

North Nik Home + Design

1205 Bow Valley Trail, unit #203, Canmore
(403) 678-7378
northnik.com

O'Canada Soapworks

101 - 17 Limestone Valley Road Dead Man's Flats
(403) 678-9942
ocanadasoapworks.com

P.S. Modern Canmore

(403) 493-0609
psmodern.ca

PROJECT A

103, 710 8 St., Canmore
(403) 609-9932
project-a.shop

Rooster Acoustics

830 8 St, Canmore
(403) 678-0023
roostersacoustics.ca

Shoes t' Boot

713 8 St., Canmore
(403) 675-0017
shoestboot.ca

The Pro Image Printing

(403) 763-2010
theproimage.ca

The Phone Experts

712C, 8 St., Canmore
(403) 678-2525
phoneexperts.com

The Sugar Pine Company

737 10 St., Canmore

(403) 678-9603

thesugarpine.com

The Tin Box

101, 637 8 St., Canmore

(403) 678-9666

thetinbox.ca

UnWined@3Sisters Wine, Beer & Spirits

102B Dyrgas Gate, Canmore

(403) 679-2306

3sistersunwined.ca

***Phones are everything.
But people are people.***

That's why we're here.

**WE ARE A MOBILE KLINIK
AUTHORIZED REPAIR CENTRE**



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EXPERTS**

712C 8 Street

Canmore, AB T1W 2B6

403-678-2525

www.phoneexperts.com

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Elevation Place.

Your Indoor Mountain Playground



sweat create inspire climb ride swim

Escape the elements for an indoor adventure in the heart of the Rockies.

Hit our 5,000 ft² fitness area, reach new heights on our climbing wall, and unwind in our pool, hot tub, and steam room. Our world-class facility has affordable fun for all ages and abilities!

Check the schedule before your visit:
canmore.ca/elevationplace

Elevation Place
100, 700 Railway Avenue
Canmore AB T1W 1P4





The authentic mountain town.

Canmore Kananaskis is the perfect place to broaden your view on the world — and to see some of the best artists in Alberta up close.



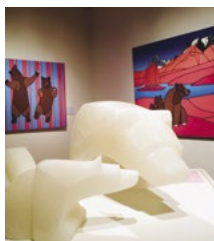
Located in the heart of our charming and historic downtown, the Canmore Museum and the NWMP Barracks Provincial Historic Site's collections, programs and exhibitions provide numerous opportunities to explore and experience our mountain culture, landscapes, and community.

Canmore Museum

902B 7 Ave., Canmore

(403) 678-2462

canmoremuseum.com



Welcome to the Carter-Ryan Gallery, home of Indigenous Artist Jason Carter, whose work in stone and canvas can be seen all over Canada. Surround yourself with bold, brilliant colours that depict the beauty of Alberta's landscape and see sculptures in Canadian Soapstone and Alabaster.

Carter-Ryan Gallery

705 8 St., Canmore
(403) 621-1000
carter-ryan.com



Crock A Doodle Canmore is a paint your own pottery studio. Enjoy some creative time transforming ready-to-paint pieces into amazing works of art! We then professionally glaze and kiln-fire the pieces to a brilliant, shiny finish to become incredible souvenirs you will treasure forever. All ages, all abilities, all fun!

Crock A Doodle Canmore

109, 300 Old Canmore Road, Canmore
(403) 675-4999
crockadoodle.com/canmore

Artists of Elk Run

Elk Run Industrial Park, Canmore
artistsofelkrun.com

artsPlace

950 8 Ave, Canmore
(403) 609-2623
artsplacecanmore.com

Avens Gallery

101, 710 8 St., Canmore
(403) 678-4471
theavensgallery.com

Elevation Gallery

200, 729 8 St., Canmore
(403) 609-3324
hive-elevationgallery.com



LEARN MORE

Prepare to be awe-struck.

Canmore and Kananaskis offers some of the most spectacular year-round hiking on the planet.

Bow River Loop

● Beginner

▲ None

🚗 2 km

🕒 25 min

❄️ Year-Round

The Bow River is a stunning emerald-green river with views of Mount Rundle and the famous Three Sisters Mountain Range.

Location

Park at the lot by the Bow River Bridge on Rundle Drive.

Heart Creek Trail

● Beginner

▲ 307 m

🚗 4.8 km

🕒 1.5-2 hours

❄️ Year-Round

This out-and-back trail is a very popular area for birding, hiking, and rock climbing. The trail is beautiful to visit anytime. Dogs are welcome, but must be on a leash.

Location

Off the Trans Canada highway just east of Lac Des Arcs, about 14 km east of Canmore.

Grotto Creek Canyon



Beginner



50 m



4.2 km



2.5 hours



Year-Round

Grotto Canyon is a great hike for the whole family. The trail snakes its way through a narrow canyon with vertical rock walls and a waterfall.

Location

The trailhead is located in the Grotto Pond parking lot on HWY 1A.

Chester Lake



Moderate



300 m



9.2 km



3-4 hours



Year-Round

A forested trail through beautiful alpine meadows and emerald waters of Chester Lake.

Seasonal Closure

May 1 - June 29

Location

Spray Lakes Road. Park at the Chester Lake Day Use area.

Prairie View Trail



Moderate



475 m



13.2 km



3-4 hours



Year-Round

Early season accessibility and excellent views make this hike popular. Utilizing switchbacks, you reach the lookout for amazing views of both the prairies and Kananaskis mountains.

Location

Park at the Barrier Dam day use area.

Galatea Creek



Advanced



870 m



16.9 km



5-6 hours



Year-Round

This is a strenuous hike past canyons and waterfalls with great views. The trail is popular for backpacking, birding and camping (camping permits required), and dogs are welcome but must be on leash.

Location

Right on Hwy 40, about 5km (3 miles) south of the Kananaskis Golf Courses.



Biking that is above the ordinary.

Sure, you can go for a regular scenic bike ride, but also adrenaline-pumping mountain biking (naturally), and fat biking.

Canmore Nordic Centre

★ All Levels

❄ Year-Round

Over 30km of single track trails as well as double track. Trails are graded from green to black skill level. Detailed trail map available from the day lodge. Mountain bike skills park, rentals and lessons available on site.

Location

1988 Olympic Way, Canmore

Legacy Trail



Beginner



185 m



20 km



3-4 hours



Summer Only

A fantastic 27km link from Canmore to Banff. Enjoy 20km of paved pathway that continues to the Canmore Nordic Centre. Head back to Canmore on the trail or use Roam public transit.

Location

The trailhead is located across from the Travel Alberta Visitor Information Centre, found at 2801 Bow Valley Tr, Canmore.

Three Sisters Pathway



Beginner



315 m



13.5 km



3-4 hours



Year-Round

The pathway connects Canmore town centre to the Three Sisters neighbourhood to the east. The trail is a mostly-paved, multi-use pathway shared by walkers, runners and cyclists.

Location

West access, Canmore's Mineside parking lot. East access, Three Sisters Mountain Village at Stewart Creek Landing pavilion.

Highline Trail



Advanced



323 m



8 km



1-3 hours



Year-Round

Expect plenty of climbing along this narrow and technical trail as it winds its way up elevated slopes high above Peaks of Grassi.

Location

Main access is from the Quarry Lake parking lot. Please note: Not recommended for beginners.

High Rockies Trail



Moderate



Various



81 km



Various



Year-Round

Follow the point-to-point trail heads located at Driftwood, Buller Mountain and Sawmill Day Use areas to eventually cross the Alberta-B.C border at Elk Pass.

Location

You can access this trail from multiple locations.



Are we there yet?

From hotels and resorts to lodges and B&Bs - in Canmore and Kananaskis, we have all kinds of accommodations. No matter what kind of trip you—and your friends and your family—are planning, we've got you covered.



A Bear and Bison Country Inn

705 Benchlands Trail, Canmore

(403) 678-2058

abearandbisoninn.com

This custom owner-built Canadian Mountain Inn features Bed and Breakfast style hospitality, specializing in group events, as well as individual guest stays, offering only luxurious King beds with in-room tubs, rain showers and mountain views from every room. Our famous 3-course crystal and china served hot breakfast, with free in-room delivery is included.



Basecamp Lodge

1002 Bow Valley Trail, Canmore

1 (855) 219-4707

basecampresorts.com/canmorelodge

Basecamp Lodge prides itself on its log cabin ambiance, complete with a wood-burning fireplace in the lobby lounge, a beautiful cedar sauna and complimentary continental breakfast. Rooming options include a variety of Kings, Queens and Suites, and each room is equipped with locally made bath products from Rocky Mountain Soap Co, Keurig coffee machines, high speed Internet, Telus Optik TV and movie channels. The Lodge also has a 50-person conference space with panoramic mountain views. Conveniently located within walking distance to Main Street and offering contactless check in, Basecamp Lodge is an intimate boutique hotel experience not to be missed.



Basecamp Resorts

1102 Bow Valley Trail, Canmore

1 (855) 219-4707

basecampresorts.com/canmore

Basecamp Resorts is your home away from home, offering a re-interpretation of the traditional mountain dwelling. Each modern suite includes a personal entrance, fully equipped kitchen, washer and dryer, living room, dining area, linens, towels and a shared BBQ area. The shared rooftop hot tub provides the most epic mountain views. Located within walking distance from downtown Canmore's shops and restaurants and offering contactless check in, this hotel boasts a selection of rooming options.



Blackstone Mountain Lodge

170 Kananaskis Way, Canmore

1 (888) 830-8883

blackstonelodge.ca

Located in breathtaking Canmore, Alberta, Blackstone Mountain Lodge by Clique adds a dash of urban polish to the untamed spirit of the Canadian Rockies. Delight in the unsurpassed comfort and sophistication of Canmore's finest condo-style hotel – an elegant getaway equally suited for family vacations, romantic escapes and group retreats. The Blackstone Mountain Lodge features 24-hour guest services, daily housekeeping, a year-round outdoor heated pool with two outdoor hot tubs, a fitness center, heated underground parking, meeting and banquet space along with Wi-Fi throughout the resort.



Canmore Creek House

701 Mallard Alley, Canmore

(403) 678-4597

vrbo.com/429159

Enjoy your private escape in this beautifully appointed, modern-yet-mountain boutique vacation rental. Located downtown, it is a secluded escape next to Canmore's shops, art galleries, mountain festivals and award-winning cuisine. Imagine waking up to the quiet trickle of a babbling brook, surrounded by Egyptian cotton. Embrace the energy of the day from your private deck overlooking the town. In summer, enjoy the creek-side patio complete with the extra warmth from the fire pit.



Canmore Downtown Hostel

201, 302 Old Canmore Road, Canmore

(403) 675-1000

canmoredowntownhostel.ca

The Canmore Downtown Hostel is a vibrant, modern hostel offering affordable accommodation in dormitories and private rooms. Located within the Shops of Canmore, it is steps away from numerous restaurants, cafés, liquor and convenience store. Walking distance from downtown, grocery stores, hiking trails and public transportation. Each bed in the dormitory has a curtain for privacy, a shelf and power outlets. The facility has rooms with private or shared bathrooms as well as private rooms. Every room offers mountain views. The hostel also has a fully equipped kitchen, a laundry room and a lounge with TV to hang out and make new friends.



Copperstone Resort

250 2 Ave., Dead Mans Flats

(403) 678-0303

copperstoneresort.com

Discover the most serene getaway in the Canadian Rockies at The Copperstone Resort. Located just five minutes outside Canmore, in the idyllic hamlet of Dead Man's Flats, our fully stocked condos are perfect for a quiet weekend away. We pride ourselves on being the most Pet Friendly resort in the Bow Valley, so no family members are left out! Your whole family can enjoy doorstep trails, our luxurious amenities which include a hot tub, gym and BBQ's and easy access into both Kananaskis and Banff National Park.



Creekside Villa

709 Benchlands Tr., Canmore

(403) 609-5522

creeksidevilla.ca

Welcome to our place! Tucked away in the heart of the Canadian Rockies, we open our home to visitors looking for a personalized stay with all the attention and comfort of a first-class hotel. Our restaurant Devil's Table, located on-site, brings our small mountain town a piece of island life with authentic Caribbean food and fresh cocktails. At Creekside Villa, you will find either all the peace and quiet that contrasts to your everyday stress or all the action and adventure you could hope for. Our home in the Canadian Rockies is yours too. Your hosts, Carolyn and Marcus.



Falcon Crest Lodge

190 Kananaskis Way, Canmore

1 (866) 609-3222

falconcrestlodge.ca

Falcon Crest Lodge by Clique offers a “Home Away from Home” experience. Our top rated resort features well-appointed guest rooms and one and two bedroom vacation style condominiums equipped with full kitchens, living areas with fireplaces, and private balconies with BBQs. Enjoy mountain views from your suite or from one of our two outdoor hot tubs. Enjoy 24-hour guest services, daily housekeeping, complimentary WiFi, meeting room and heated underground parking. Come discover why guests say we are “Soaring to New Heights in Hospitality.”



Holiday Inn Canmore

1 Silvertip Trail, Canmore

(403) 609-4422

ihg.com/holidayinn

After an exhilarating day in the mountains, you can return to the comfort of the Holiday Inn®. Situated off the Trans-Canada Hwy and near downtown Canmore Alberta, this hotel is located five minutes from the Banff National Park gates. If you are in town for business, meeting or conference, the hotel's free Wi-Fi and 24-hour business center help you keep in touch with the office, while the four spacious meeting rooms serve as wonderful event venues. After an action-packed day, you can unwind in the outdoor whirlpool with a view to the Three Sister Mountains and Dine at the Great Sign restaurant delivering an unforgettable food experience.



Lamphouse Hotel

610 8 St., Canmore
1 (855) 219-4707
lamphousehotel.com

A boutique hotel for the modern mountain adventurer located in the heart of downtown Canmore, with its unique location directly on Main Street. The rooms showcase a modern mountain design aesthetic with unique artwork, 55" inch flat screen TVs, Nespresso coffee machines, locally sourced amenities from Rocky Mountain Soap Co., high speed internet, Stearns and Foster top-of-the-line mattresses and more. The hotel offers a beautiful shared outdoor hot tub, personal entrances to each guest room, contactless check-in, and most importantly, unparalleled views of Canmore's epic mountain ranges.



Mount Engadine Lodge

1 Mount Shark Road, Kananaskis
(587) 807-0570
mountengadine.com

Discover Mount Engadine Lodge in the beautiful Canadian Rockies for a quiet retreat in the heart of Kananaskis Country. From the dining room windows, the Rocky Mountains rise sharply across Moose Meadows, a natural habitat for many of the region's animals and birds. It is not uncommon to see bald eagles, moose, coyotes and owls passing through. In this intimate setting, enjoy gourmet meals (meals included), a cozy family atmosphere, fresh air and spectacular scenery. Come enjoy a quiet escape from the city.



Paintbox Lodge

629 10 St., Canmore
(403) 609-0482
paintboxlodge.com

The Paintbox Lodge is a fancy, not-so-fancy, Olympian-owned, award-winning boutique hotel in Canmore. Nestled in the heart of downtown Canmore, guests enjoy house-made and from-scratch breakfast, anchored by our sourdough loaf and home-brewed Kombucha. Town bikes and hammocks are complimentary. See what is Cooking @ The BOX, including chef-hosted, demo-and-dine kitchen parties and private events.



Quality Resort Chateau Canmore

1718 Bow Valley Trail, Canmore
(403) 678-6699
chateaucanmore.com

The Quality Resort Chateau Canmore is ideal for business or pleasure. Outdoor lovers will enjoy the many options for recreation including skiing and snowboarding at 4 major ski areas, hiking, biking, and snowshoeing and golfing. Enjoy our indoor swimming pool, and well-equipped gym. Guests will feel right at home with in-room fireplaces, comfortable and spacious seating areas, refrigerators, microwaves, coffee makers, and sofa sleepers. Enjoy quality and comfort.



Rundle Cliffs Lodge - Spring Creek Vacations

375 Spring Creek Drive, Canmore
(403) 678-5108
springcreekvacations.com

Bordered by two creeks and surrounded by the inspiring views Canmore is famous for, Rundle Cliffs' impressive rundle stone entrances offer a fitting prelude to the luxury within. Book at Rundle Cliffs Lodge and discover your home away from home. Nestled in the heart of the Rocky Mountains, our Canmore vacation rentals have several luxurious amenities so you can comfortably relax during your mountain getaway. Each rental suite is fully equipped with everything that you'll need.



Stoneridge Mountain Resort

30 Lincoln Park, Canmore
1 (877) 675-5001
stoneridgeresort.ca

Experience breathtaking views of the Rockies at the newly refurbished Stoneridge Mountain Resort. Choose from luxurious one, two, or three-bedroom vacation condominium suites, including fully equipped gourmet kitchens, gas fireplace, and a Napoleon BBQ on your own private deck or patio. Canmore's top-rated hotel offers 24 hour guest services, daily housekeeping, year round outdoor heated pool and hot tub, meeting facilities, wireless high-speed internet, HD on demand movies, fitness centre, and heated underground parking. The Black Dog Café offers a wine bar serving Rave coffee, healthy fare, and decadent desserts.



Stoney Nakoda Resort & Casino

888 Nakoda Way, Kananaskis
(403) 881-2830
stoneynakodaresort.com/rooms

Comfortable, spacious and beautifully appointed are the best ways to describe this accommodation in Kananaskis. Whether you're getting away with the family or sneaking off for a romantic escape, you won't find a more beautiful setting. Our guest rooms and suites offer stunning views of the sunrise or surrounding Canadian Rocky Mountains. Deluxe amenities such as complimentary room service, plush duvets and pillows, enhanced workstations and TV/Internet service. Pet-friendly rooms available.



Tamarack Lodge

1010 Spring Creek Drive, Canmore
(403) 678-5108
springcreekvacations.com

Only minutes away from Canmore's downtown area, these Canmore vacation rentals promise luxurious accommodation and an unforgettable getaway. Spacious vacation rental condominiums range from one to two-bedroom options, all with high-quality finishes and design. The Tamarack Lodge brings to life the best mix of modern and rustic mountain-living design. With comfortable, convenient, and well-designed options for any group, The Tamarack is perfect for families or couples looking for a fun mountain adventure. Be at the heart of it all and stay in Spring Creek Vacations' Tamarack Lodge. Reserve your dates for an unforgettable mountain retreat to Canmore, Alberta.



The Drake Inn

909 Railway Ave., Canmore
(403) 678-5131
drakeinn.com

Canmore's prime downtown accommodation. The Drake Inn is located at the entrance of Main Street and all rooms provide outstanding views at a great value to small groups, families, weddings and independent travelers. We provide free wireless internet, and 10% off meals at our onsite Pub & Restaurant. Creek-view balcony rooms include 2 queen beds, a bar fridge, and a private balcony. The Hospitality Suite sleeps 5 and has 2 private balconies.



The Lodges at Canmore

107 Montane Road, Canmore
(403) 678-9350
lodgesofcanmore.ca

A family-friendly all-suite condominium resort located in the magnificent Canadian Rockies, surrounded by extraordinary mountain backdrops and picturesque views. Offering 1, 2 and 3 bedroom fully furnished condominiums. Just minutes from Banff National Park and Kananaskis Country. Our year-round heated pool and three hot tubs are the place to relax after a long day out in the mountains. Call us for the best rates!



The Malcolm Hotel

321 Spring Creek Drive, Canmore

1 (888) 570-0603

malcolmhôtel.ca

The Malcolm Hotel is Canmore's crown jewel, Alberta's premiere four-star hotel experience. Offering modern luxury, world-class amenities, stunning mountain views and personalized service. Located in the heart of Spring Creek, with a 5-minute walk to Canmore's downtown shops and restaurants. Conference Center and meeting rooms for up to 300 people. Guests are sure to enjoy The Pulse General Store and Coffee Bar, and the Stirling Lounge & Grill, boasting a rustic, elegant ambiance with a splash of Scottish flair along with a creekside outdoor patio with gorgeous views of the Alberta Rockies.



White Spruce Lodge - Spring Creek Vacations

905 Spring Creek Drive, Canmore

(403) 678-5108

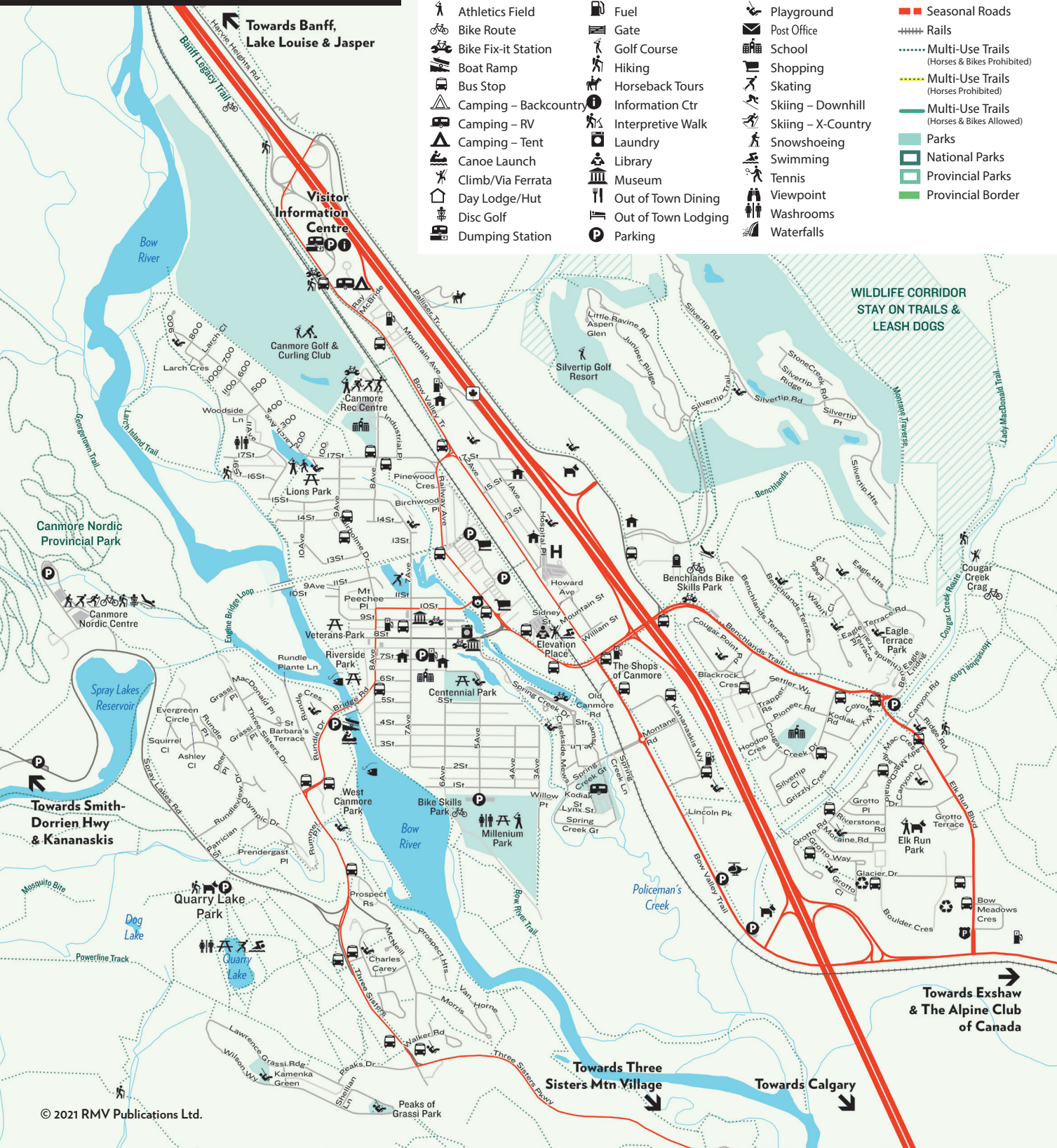
springcreekvacations.com

White Spruce Lodge is designed to capitalize on Canmore's signature mountain views. It is the perfect place to make lasting memories with family and friends. When you stay with Spring Creek Vacations, you'll enjoy a range of luxurious amenities during your Rocky Mountain getaway. Our vacation suites are fully equipped with everything you'll need, so you can feel right at home.

Canmore Area

Legend

Accessible	Electric Charge Station	Picnic Site	Major Road Ways
Amphitheatre	Fire Station	Place of Worship	Paved Roads
Athletics Field	Fuel	Playground	Seasonal Roads
Bike Route	Gate	Post Office	Rails
Bike Fix-it Station	Golf Course	School	Multi-Use Trails (Horses & Bikes Prohibited)
Boat Ramp	Hiking	Shopping	Multi-Use Trails (Horses Prohibited)
Bus Stop	Horseback Tours	Skating	Multi-Use Trails (Horses & Bikes Allowed)
Camping - Backcountry	Information Ctr	Skiing - Downhill	Parks
Camping - RV	Interpretive Walk	Skiing - X-Country	National Parks
Camping - Tent	Laundry	Snowshoeing	Provincial Parks
Canoe Launch	Library	Swimming	Provincial Border
Climb/Via Ferrata	Museum	Tennis	
Day Lodge/Hut	Out of Town Dining	Viewpoint	
Disc Golf	Out of Town Lodging	Washrooms	
Dumping Station	Parking	Waterfalls	



Kananaskis Country

This map of Kananaskis Country provides a comprehensive overview of the region's trails, roads, and natural features. Key locations and features include:

- Towns and Villages:** Canmore, Exshaw, Kananaskis Village, and Dead Man's Flats.
- Parks and Protected Areas:** Banff National Park, Spray Valley Provincial Park, Bow Valley Wildland Provincial Park, and Elbow-Sheep Wildland Provincial Park.
- Trails:** Sogam Loop Trail (marked as 'Not Maintained in Summer'), Chester Lake Trails, and various other hiking and mountain biking trails.
- Roads:** Highway 1A, Highway 40, and various local roads.
- Geographical Features:** Numerous lakes (e.g., Spray Lakes, Kananaskis Lake, Bow Lake), mountains (e.g., Mt. Rundle, Mt. Charles Stewart, Mt. Lady Macdonald), and creeks.
- Recreational Facilities:** Canmore Nordic Centre, Kananaskis Guest Ranch, and various day uses and lodges.

An inset map titled "Kananaskis Lakes Trail" provides a detailed view of the trail network around Kananaskis Lake, showing various loops and connecting trails.

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This map illustrates the Kananaskis region, highlighting various trails and geographical features. Key locations and trails include:

- Trails:** Canyon Loop, Rockwall Interpretive, Marsh Loop, Torii Loop, Upper Lake Connector, and Whiskey Jack.
- Lakes:** Lower Kananaskis Lake, Upper Kananaskis Lake, Upper Lake, Manit Lake, Rockwall Lake, Sounding Lake, Meadow Lake, and Tailwater.
- Roads:** Banasook, Singair, Pottery, Waples, Lynx, 5200 Road, Wheeler, Wolf Creek, Boulder Creek, and Torii Loop.
- Other Features:** High Rockies, Elk Pass, Moraine, Packers, and various elevation points (e.g., 2700, 2500, 2300).

The map uses icons to indicate trail types: a bicycle for biking, a hiker for hiking, and a horse for horseback riding. The trails are color-coded: red for hiking, blue for biking, and green for horseback riding.

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